



Notes From

The Underground

Objective News for Ottawa's Transgendered and Crossdressing Community

Vol. VIII, Iss. 2 May 1995

Sexual Sadists Who Murder

A Leading Sex-Psychiatrist Speaks Out

by Sharon Ehm and Karen Patrick

Sexual sadists account for 10% of all violent murders. Dr. John Bradford, Clinical Director of the Forensic Psychiatry Program at the Royal Ottawa Hospital, says "Many people have fantasies of sexual sadism -- most don't act on them. But there are many in society who are capable of sexually sadistic homicide."

In a recent speech at the ROH, Bradford described the major characteristics of sexual sadists who murder, adding that most have multiple sexual deviancies. Fetishism, pedophilia, exhibitionism, sexual masochism, voyeurism, and zoophilia are common traits. Some 76% engage in bondage, with 40% known to be involved in some form of cross-dressing.

Other factors include sexual or physical abuse as a child, divorced parents, drug abuse, and peeping-Tom tendencies. Nearly half are married.

Homosexuality and bisexuality are frequent among sexual sadists, but

Bradford challenges sexual orientation as a major factor, citing instead a promiscuous lifestyle as promoting more avid sexual fantasies. The use of alcohol further increases the desire for sexual fantasies.

A convicted sexual sadist described his motivation: "To have complete mastery of another person. To humiliate and make suffer. Pleasure is the complete domination of another person."

According to Bradford, most paraphilic disorders begin around age seventeen. Military experience, police impersonation, and fantasies or interest in both fields are common.

Little study has been conducted on sexual sadism. The Royal Ottawa Hospital has investigated several cases locally. The F.B.I. and other institutions have conducted other studies.

The most comprehensive study appears to date back to 1886, in the "Psychopathia Sexualis" written by Richard von Krafft-Ebing. It coined

the terms *masochism* and *lust murder*.

There is evidence that sexual sadists have a right-temporal-lobe deficit but the evidence is not conclusive. As for treatment, serotonin-uptake inhibitors can reduce the frequency of fantasies. However Bradford admits there are many questions as to why some never act on their fantasies. A "trigger" has not yet been discovered to determine why some will commit murder.

Psychiatric diagnosis is made if a patient has had six months of recurrent intense sexual urges and sexually arousing fantasies involving acts in which psychological or physical suffering of the victim is sexually exciting to the patient. Another key is if the person has acted on these urges or is markedly distressed by them. A danger sign is when masturbation begins.

The four lead up elements are: fantasies, masturbation to fantasies, rehearsal (or stalking the victim), action. But Bradford says psychiatrists must be careful not to preclude a diagnosis of sexual sadism.

Feminist Racism

Perspective

by Marisa Swangha

"A man wanting to be a woman is like a White person wanting to be Black."

White Feminist Statement

I have many problems with this ignorant racist statement.

First: It implies that all transsexuals are White, that all transsexuals are male-to-female, and that being a woman is like being Black. But most of all it negates the millions of lives of transsexuals/transgendered persons of First Nations, African, and Asian descent, who are the world's majority of transsexuals.

An African/Asian/Native "man wanting to be" an African/Asian/Native woman is not "like a White person wanting to be Black", it is like a "man" of a certain color wanting to be a woman of the same color as "he" already is. Gender is not like race.

Second: If we follow the logic of that statement, a "woman" wanting to be a man is like a Black person wanting to be White. No. A Black "woman" wanting to be a Black man is not "wanting to be White", she wants to remain Black but affirm her gender.

I also think that this statement ("A man wanting to be...") is a diversion created by the White feminist community. By accusing other White folks of "wanting to be Black", they, once again, avoid dealing with their own ferocious racism.

From claiming to have been Black in another life (peuh-leez!), to stealing from Native spirituality, to desperately wanting to own/adopt/

See *PERSPECTIVE* Page two

Survey Omits Transcommunity

The transcommunity has been left out in the cold in a 32-page survey released by Project Affirmation. The survey deals with the treatment of lesbians, gays, and bisexuals in obtaining proper health care and related social-service issues in Ontario.

Project Affirmation, a federally funded project, sponsored by the Coalition for Lesbian and Gay Rights in Ontario, is a multi-million-dollar multi-year study of health care and social services relating to sexual minorities. The mandate literature includes the transcommunity.

The survey fails to include or mention the transcommunity despite several meetings which occurred throughout Ontario with transgroups and Project Affirmation representatives during the past twelve months. Five thousand copies of the survey have been printed.

The Project Affirmation

spokesperson, Ellen Russell, says that transpersons are being handled separately. Four thousand dollars have been granted to Montreal transperson Ki Namaste to conduct a sub-project for transpersons. Her grant was awarded following a call for proposals last fall.

"Access is difficult and arbitrary," says Namaste referring to specialized health care needs for hormone treatment and gender related surgeries, etc. "We didn't feel a survey could cover those kind of complexities," she adds.

Namaste suggests surveys ask leading questions, stating she prefers a direct approach. Starting in May of this year, she plans to lead public forums and private interviews with transpersons across Ontario.

Project Affirmation may be contacted toll-free in Toronto at (800) 663-5530.

-- NFTU Ottawa

Making Scenes Film Festival

The Making Scenes Film Festival returns for the fourth year May 2nd-6th. Almost 50 international and local films from shorts to full features will be shown at the 400 seat National Gallery Auditorium.

"This festival let's us see ourselves reflected in film. It shows the diversity of the Gay and Lesbian community," says Carl Stewart, Festival Coordinator.

For the first time, there will be a full French language screening titled *La belle langue*. More than two-thirds of the features are Canadian. A special two hour screening called Capital Exposure offers almost a dozen locally made short films.

Advance tickets are on sale at After Stonewall, Wilde's, Mother Tongue Books, and Ottawa Women's Bookstore. A single regular pass costs

\$6, \$4 for students and low income earners. Festival passes range from \$20 for low income earners and students to \$25 for a regular pass, and up to \$100 for Patron passes.

To contact festival organizers call (613) 234-0077 or write Making Scenes c/o Arts Court, 2 Daly Avenue, Ottawa, ON K1N 6E2.

-- NFTU Ottawa

Classified - Events - Services - Stories - and More!

Inside This NFTU!

Notes From The Underground

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Gender Mosaic

GM is a transcommunity support group based in Ottawa, Canada. GM is open to crossdressers, transgenderists, transsexuals, transvestites, and significant others. The club holds regular meetings and socials. Members receive NFTU free as part of their annual dues.

President - Ronda
Vice President - Diana Coltridge
Secretary - Gail
Treasurer - Carol

Helpline - (819) 770-1945

Gender Mosaic
P.O. Box 7421, Vanier
ON, Canada K1L8E4

Advisory to other publications

Articles may be reprinted provided they include full creditation for the author and NFTU.



Letters

Dear Editor,

Thanks to everybody for supporting me during my four years as your President. I enjoyed my position and I hope what I did for the group was beneficial. The reason for my stepping down was a personal decision.

Congratulations to our new leader, Ronda, and to the new executive of Gender Mosaic -- Diana, Carol, and Gail. I know that Ronda will direct the group to become a prosperous and energetic community. She has the ability to make things work. Good Luck! Ronda now has all the files and papers associated with Gender Mosaic. During her term I wish her well.

Some of my highlights while serving our community were to shake hands with many VIPs like Regional Chief of Police Brian Ford, Ottawa Mayor Jackie Holtzman, some of her council, Regional Chair Peter Clark, media personalities, leaders of other communities, and just plain folks -- all while wearing feminine apparel. They know there is a transgender community out there, and education on a visible plane is the real eye opener. I enjoyed being a visible member of our community.

Now back to some left-over information. The Christmas party in December was a success with 43 people attending, some from Kingston, Montreal, and Quebec City. The only complaint that I got from the owner of Le Parmesan came from other patrons -- that the perfume concentration was too much!

Gender Mosaic is now an international support group -- with the membership of Monica from southern California. Also, welcome to our new members and to those who renewed. Thanks.

In January, my apartment became the first of many, I hope, meetings of our French-speaking members. It was led by Natalie. Those interested in French-only meetings should contact me at 770-1945.

I guess that's it as your Past President. I wish Ronda and the gang success. I will stay involved in our community. It is my quest to educate others about who we are.

Thanks and take care,
Joanne Law.

(Likewise)

FACTT OTTAWA



A monthly discussion group for persons living with gender dysphoria & for crossdressers

Write: P.O. Box 7421, Vanier, ON, K1L 8E4

Ontario Name Change A Simple Process

Changing your name in Ontario is mostly a matter of money and paperwork. There are few complications unless you were born elsewhere, have a criminal record, or have debt liens.

Your Ontario Birth Certificate is one of the few legally recognized documents which, when changed, grants you the right to change all other name identifications. The Ontario Office of the Registrar General can provide you with a free application to change your name. Ask for Form 5 from the Change of Name Act. Write to: P.O. Box 4600, 189 Red River Road, Thunder Bay, ON, P7B 6L8. Or call tollfree: (800) 461-2156. The form includes a one-page guide.

You will need a signature from your doctor or any one of nine other officials named in the form guide. A Notary Public is required to check and stamp the form before mailing it. The University of Ottawa Legal Clinic on King Edward Avenue charges only \$10 for this service and may be contacted at 564-5855. The fee for changing your name is \$137.00. Expect to wait up to three months after mailing your form in.

The Registrar's office will send you a Birth Certificate showing your new name and a Change of Name certificate. Use both these forms to change your Health Card, SIN, Driver's Licence, Bank Account name, etc.

Librarian Cracks Whip

Gender Mosaic Librarian, Joanne Law wants to make sure books borrowed are returned on time. A new late charge of \$1 per book, per month is now in effect. If a book is overdue by three months or more, the borrower will be invoiced for the full value. Some of the more than 200 books and periodicals in the GM library are collector's items or hard to replace. Joanne explained at the last club meeting. An inventory of the library is now underway. GM members may borrow books free. Non-members are asked to place a refundable deposit.

Perspective... from page one

have a child of color, White feminists are very good at their "wanting to be Black" game.

White women cannot relinquish their gender constructed monopoly on victimhood, they are so oppressed, how can they oppress anyone? Don't get me started on this.

I want to end this piece by saying that transgendered peoples have always existed, sometimes treated as sacred beings (in traditional First Nations beliefs) and sometimes treated as witches and burned (in oh-so-civilized Europe). Maybe it is this Euro-tradition that White feminists are trying to keep alive today, even though historically they have suffered from the same source as transgendered peoples. Why can't they see transsexuals for the warriors against genderism that they are?

So next time you want to say: "A man wanting to be a woman is like a White person wanting to be Black", ask yourself, "Why would I want to say such obnoxious racist crap for?" And if you still want to say it, I suggest you join the thousands of your sisters already members of Aryan Nation.

-- Gendertrash Toronto

ED: Marisa is a Black Genetic Woman of African, Cherokee, and South-Asian descent.

Changing your name will not entitle you to change your gender identification on your Birth Certificate or Driver's Licence; only SRS with the proper medical forms allows you to change sex legally.

If you were born outside Ontario, you will need proper Birth and Citizenship certificates. Ask the Registrar's office for advice regarding your specific circumstances.

-- NFTU Ottawa.

GM is in Xtra!

Xtension is Capital Xtra's free 24 hour touch tone information service.

For Gender Mosaic Info:

1. Dial 237-XTRA
2. Wait for Main Menu
3. Dial 1 and wait for instructions
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Capital Xtra is a free monthly Gay & Lesbian magazine printed by Pink Triangle Press.

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Pride Week Plans Almost Set

by Diana Coltridge

This year's Pride Day planning is well under way. Although most things are yet to be set, Pride Week will run from July 14th to the 23rd with the actual Pride Day event falling on the 16th.

The parade will start around noon near the end of Elgin street and proceed up Elgin to Wellington, then down Wellington to Victoria Island -- the site of the picnic.

Due to a lack of interest from the membership, Gender Mosaic may not be officially involved in the parade this year. However, we are planning to have an info table at the picnic. Any members interested in donating their time for the info table would be welcome.

Other events during Pride Week may include a kick off party at the Friday night coffee house at the ALGBO centre on July 14th, and a "Wear Your Pride Day" on the following Wednesday.

For fundraising, see Joanne at the Coral Reef Club on June 17th. She'll be one of the guests for a talk show, discussing her involvement with the gender community. Tickets should be available soon for five dollars.

For more information feel free to ask Diana Coltridge at the next Gender Mosaic social, or call the Pride Week organizing committee at (613) 841-8667.

CBS Drama Spotlights

Trans Issue

Media Watch

by Al Kielwasser

San Francisco (GLAAD-SFBA) -- The March 13th episode of "Chicago Hope", a CBS medical drama series, featured a singular storyline about transphobia and transgender identity. The plot revolved around the relationship between "Billy" and "Annie", two romantically-involved characters.

In an opening scene, Billy is injured during a hockey game and -- accompanied by girlfriend Annie -- he goes to the hospital for reconstructive surgery. The surgeon, Dr. Enfante, somehow knows Annie and this past relationship leads Billy down a path of speculation.

First, Billy assumes that Annie might have had breast implants (and he just "hopes they were saline"). But, as it turns out, Dr. Enfante had actually performed Annie's sex reassignment surgery three years earlier, freeing her from what is later described as "gender dysphoria disorder."

As might be expected, the plot turns on Annie's decision to "tell my boyfriend I used to be a man." Falling deeper in love with Billy, she decides to tell him. Billy comes unglued at the news, ranting that he could have handled it if Annie had told him she had "been married, or had a criminal record...but to tell me that you used to have a PENIS!"

The well-intentioned dialogue attempts to make an important point. Straight boy Billy (who is also a medical doctor) can perfectly accept that his girlfriend might have had dangerous implant surgery solely to increase her breast size -- but he reverts to raving lunacy when Annie tells him that she had surgery in order to live completely as the gender she knows is truly hers.

A medical colleague eventually attempts to convince Billy that "love is love." To Billy, however, Annie has now become a "thing" and a "mutant." This scene ends with Dr. Enfante telling Billy that, while she first felt bad for Annie, she now feels sorry for (Billy) him. Thus, the script manages to bypass the usual contrivance of illicit "pity" for transgendered persons, and instead focuses the disdain where it belongs -- on the transphobic individual.

The plot ends on an emotionally-powerful, if discouraging note. Though both Annie and Billy tell each other that they want to "try to make it work," Billy recoils from Annie's kiss. "I wish you hadn't told me," he finally says, and the couple parts.

The storyline broaches a subject that many prime-time viewers still "wish you hadn't told me." As such, it begins to break the enormous silence and challenge the ignorance that surrounds transgender issues.

ED: send show feedback to David E. Kelley, Michael Dinner and John Tinker, Co-Executive Producers, and James C. Hart, Producer, "Chicago Hope," David E. Kelley Productions, P.O. Box 900, Beverly Hills, CA 90213. Copy your correspondence to Peter Tortorici, President, CBS Entertainment, 7800 Beverly Blvd., Los Angeles, CA 90036.

Executive Notes

VP Diana Coltridge will try again to see if GM can find an affordable way to advertise in the Ottawa Citizen. It was decided that \$119 for a 7-day classified was too much. The Events and Groups listing in the Friday paper will be looked at next.

Samantha B. stormed out of an Executive meeting recently, resigning her Membership Committee Chair position. She felt she was being pushed around by some GM members. The Executive has quietly expressed regrets over the matter and hopes to resolve the situation soon.

Location

Location

Location!

GM Socials on the Move Again

Gender Mosaic's woes are far from over when it comes to where to party. Now that it's been revealed that Hanné has moved, the club is left with a serious void for a reasonably permanent place to "have fun." GM President, Ronda, is appealing to club members to help find a new party place.

In a temporary measure, Delaine's house will play hostess for the May 6th social. The June 3rd location will be decided at a later date.

Future socials will take place on the second Saturday of the month during the summer and early fall to avoid conflicts with holiday weekends.

Gender Mosaic members should call the Helpline at 770-1945 for directions to Delaine's house.



Bylaws Ready

Final Vote in May

Gender Mosaic's proposed four-page constitution is set for a final vote at the next workshop meeting, May 15th at the ALGBO centre. A small turnout of members at the Easter Monday meeting poured over the detailed document for a few hours inserting several amendments.

A Second Vice-President position has been added to the Bylaws to bring the elected Executive Committee to five members. GM President, Ronda, proposed the amendment to help with the club's operational workload. "It's someone who has made a commitment," she explained.

The current Executive has quietly expressed frustration at a lack of volunteers to help the club find accommodations for socials and help with other needed functions.

A proposal to include reference to the Criminal Code of Canada in defining "indecent or obscene" for style of dress by GM members, in the Code of Ethics article, was rejected at the meeting. It was agreed the Criminal Code was used to outlaw transpersons not long ago and may not be a suitable guide at some future point.

If the Bylaws receive a majority yes vote in May, the document would take effect immediately. -- NFTU

From the Bylaws Committee Chair

By Sophy

In reference to the last issue of NFTU's, "Letters to the Editor", let me assure "Name Withheld" that she is not alone in her concerns about the conduct at GM business meetings. These concerns were among the reasons for creating the Bylaws Committee last November, and the committee has addressed these concerns by including *Robert's Rules of Order* as the authority for the conduct of meetings.

These Bylaws are expected to come into force shortly. The problems of concern to "Name Withheld" should disappear, as appeals to *Robert's Rules of Order* can be made to resolve disputes over procedures and to ensure that meetings are held in an orderly fashion.

We Want Your Ideas!



**NFTU accepts
articles, suggestions
& letters**

NFTU is your voice

- Use it the max!

Sillies By Sophy

"Tell me, Ermentrude, how did you like your first Gender Mosaic meeting?"

"Well, Esmerelda, it was great. But, you, know, I had a bit of a problem figuring out who was a TV and who was a TS."

"Oh, that's an easy one! Only the TV's bother to wear skirts!"

"I wonder, Ermentrude, what Gender Mosaic is going to be like under the new Executive and with a new set of By-laws?"

"You know, Esmerelda, they say that a new broom sweeps clean."

"Yes, dear, I guess it means Joanne isn't the Law anymore."

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First Experiences

by Norma

ED -- Just before last Christmas a new Gender Mosaic member took a day off work and experienced the fulfillment of crossdressing freedom -- she shares that moment with us here.

Ready, Set, Sweat!

I started preparing for the big day the evening before. I spent an hour doing my nails -- twice. In my nervousness I made a mess of them the first time. The next morning I had three hours to prepare for our date. With a great deal of trepidation, I made myself up, put on the appropriate underwear (including "stay-up" stockings for washroom convenience) and a smart blouse and skirt. At the same time, Frances was also getting ready. My hands were cold and damp with nervous excitement.

We made our way out of the apartment to the car and drove to Bayshore, a major Ottawa-region shopping mall, to meet Gender Mosaic's Joanne at the Steak-and-Burger restaurant. Frances and I are well known there by the staff as we meet regularly for lunch -- but always in our male personalities. When we arrived, we parked close by so we could go directly into the restaurant. We were honored by being welcomed by all the staff, who seemed quite impressed by our appearance.

We were early so we walked into the mall. This was where I was first really conscious of the people around me and their reactions. For one pair of giggling teenage girls it was, "look at those two!" We returned to the restaurant a few minutes later.

My nerves finally caught up with me! I needed to use the washroom! Oh dear! The ladies' washroom! I almost collided with a woman with the same intent. She did not seem to notice anything unusual about me. She just ignored me and went on in. It was almost as if I wasn't there. I followed her in and stayed in the cubicle until she left. I managed to get myself together and leave without encountering anyone else. The most embarrassing moment was over and the rest would now be easy.

For Women Only
NFTU Significant Others Connection



YOU NEED AN UNDERSTANDING FRIEND TOO!

If you wish to share your phone number or address with other women who are married or close to a transperson write or call NFTU



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Cool At Last!

Joanne arrived and we settled down for lunch at the restaurant which began filling up with patrons. Most just came in and sat down without giving us a second glance. But one man was having a bit of a problem. He looked at us several times before hiding behind his menu hoping we would disappear.

After lunch we strolled through the mall to Eaton's where we headed directly down to the ladies' wear department to browse. It was here that I had the pleasure of being able to look at an outfit, hold the skirt in front of myself, and enjoy the image in a mirror that said, "that would look good on you." This would be impossible dressed as a man.

We strolled some more through the mall making side trips into women's wear stores. But we had previously decided not to buy anything during this trip except for lunches. We took a break at the Bay restaurant and chatted about the reactions we were getting from various people on the way. It is amazing how many people walk through a mall without even noticing others -- let alone realize they just passed by a trio of crossdressers. Most of the people that did realize who we were, reacted only with a smile.

Santa's Day was a Drag!

Then we came to the reason for our trip. A visit with Santa! We got to his domain a bit early and waited in line behind a couple of families with very young children. After a while our turn came. We discussed whether to have individual photos taken but decided to get a set of group shots. Santa was probably more comfortable with that! His assistants did not seem to be bothered by the decision we made. Even so, Santa was a bit nervous and almost hid behind us for the pictures.

After satisfactorily checking out the photos we completed our outing at the Steak-and-Burger with a drink, then said goodbye to the staff.

Leaving the restaurant ended a wonderful experience of being myself in public for the first time. A day that will never be forgotten. My Graduation Day!

Mail your first experiences to NFTU!

On Being Me

by Frances Caroline F.

I am a veteran transvestite and, like all the others I spoke to at my first visit to Gender Mosaic in November, I have been this way since my earliest childhood. I cannot remember a time when I did not wish to wear female clothing or behave like a female. I, too, have gone the gamut of shame, ridicule (even by psychiatric professionals), rejection and the recurring, "I will stop this RIGHT NOW," only to end up in yet another expensive shopping spree. The last time this nearly happened I was fortunate enough to be seeing the counselor at my place of employment and she was sympathetic enough to stop me.

It has led to perpetual depression over the decades and the beginning of relief from this only came about three years ago, when I was admitted to psychotherapy under partially emergency conditions. With the help of a very perceptive, sympathetic and understanding female psychiatrist, I now know who I am and am more comfortable with my femme self than my male -- with her advice, I am now en femme as often as I can be -- it's part of the 'cure'.

My wife of thirty-five years has always had problems dealing with my "unnatural desires" and things do not get better with time. Since being retired on a disability (major depression) not only am I free to be en femme during the day, but I can indulge a lifelong ambition to write. I am working on a novella concerned with the problems of a hetero transvestite/transgenderist and his relationship with a young woman he meets. For transvestites like us, the ending is, at the risk of using cliché, 'happy'.

But I have problems. I need to know how women feel and how their bodies function when in erotic situations. If any Significant Other would be willing to help me on this, I would appreciate hearing from you. On establishing a genuine interest, I will supply them with the manuscript so far, with requests for suggestions for improvement in the interest of achieving greater accuracy. If desired, anonymity will be preserved both ways.

If you send your letters I am sure they will get to me. Thanks.

(ED -- Write to author: c/o Gender Mosaic)

Shopping for Fulltime

by Sharon Ehm

Once I began living as a woman I suddenly needed a wardrobe of office wear which would last until I got my first paycheque. When you're not living fulltime you tend to buy clothes impulsively with little thought for wardrobe planning. I didn't know where to start. Since I was on welfare, I needed to look like a professional businesswoman without spending a fortune. My experiences resulted in the following quick solution.

The quickest look you can create is that of a skirt and matching top. These tops can look like jackets or they can be unique to the skirt. They don't need a blouse or accessories. Buy two sets with skirts that are a solid color like black, that can later be worn with a different outfit.

Next buy two jackets. For maximum wardrobe building, buy one that's black and one that's a standard color like blue. Buy two blouses that can be worn with your skirt and jacket combinations. At this point you now have twelve possible looks. For

accessories buy one wide black one pin brooch, and three chain-style necklaces. If you've shopped wisely you've spent only about \$220.

Center all future purchases around what you now have and every time you buy one item you will have added several new looks to your wardrobe.

Good places to shop? For limited budgets avoid the classier stores. You don't need to spend much to look good. If you really look, you can get suits and dresses for \$25-35 and blouses in the \$10-20 range. Go to wholesale-type stores and you'll be quite surprised at what you find. Good dress pants are available at The Bargain Shop. Fashion Freedom at Westgate is a good place to find suits. Check the finer stores only for bargains and sale items, especially blouses. Extra time spent looking will pay off in big savings.

For jewelry, stay away from stores like People's Jewellers. Let your boyfriend shop there for you and stick to the lower priced chain stores like Ardene. You can find nice inexpensive pieces here. Watch for sales. Quite often if you come back later you'll find that sixteen dollar necklace you wanted marked down to less than five. Avoid buying the cheap jewelry you find at Biway or Zellers. Necklaces from these places may break the first time you wear them.

For belts, camisoles, and half go to the Salvation Army Neighborhood Services. Prices here are only a dollar or two. While it's always worthwhile to look around while there, be careful buying suits or skirts as they are likely to be out of style.



Trans Bashing !

It can happen to you

Gender Mosaic is represented with
the Ottawa Police Bias Crime Unit



If you have been attacked, threatened, abused or
faced discrimination contact Gender Mosaic for Help.

**You have a right to your Lifestyle
and a right to Police Protection.**

Clubs & Services Registry

If you have a club you would like listed here, contact NFTU. Listings are free.

Ottawa Capital Region

Gender Mosaic

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TV/TS/TG/CD/SO Support group

Friendship and Assistance for Canadian Transsexuals and Transvestites (Factt)

P.O. Box 7421 Vanier, ON K1L8E4
TS/TV/CD Discussion Group

Association of Lesbians, Gays and Bisexuals of Ottawa (ALGBO)

233-0152
318 Lisgar Street
P.O. Box 2919, Stn. D., Ottawa, ON K1P5W9

Pink Triangle Services (PTS)

563-4818
71 Bank street
P.O. Box 3043, Stn. D., Ottawa, ON K1P6H6
Social services agency

Gay, Lesbian and Bisexual Centre (Carleton U)

788-2600 ext. 1860
401 Unicentre Building Room 127A
Carleton University
Ottawa, ON K1S5B6
Open to CD/TS/TG

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465 MacLaren
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207 Queen St., 4th Floor
Box 3390, Stn. D.
Ottawa, ON K1P6E5
238-5014

Gayline

7-10pm daily, 238-1717
Info & Referral

Ottawa Police Bias Crime Unit

236-0311 ext. 245

Rape Crisis Centre

729-8889

Anonymous HIV Testing

563-2437

Ottawa Distress Center

38-3311
24 hour Suicide Helpline

Tel-Aide Outaouais

741-6433
Français Suicide Helpline

Drug Helpline

(800) 567-DRUG

Alcoholics Anonymous

237-6000
Alcoholic support

AL-ANON

237-6000
Support for friends & family of alcoholics

Royal Ottawa Hospital

1145 Carling Avenue
Ottawa, ON K1Z7K4
722-6521
Gender assessment through Forensics Dept.

Gay Menage BBS

728-9237 voice
728-0411 14,400 bps
728-4499 2400 bps
(30 mins free per day) Computer BBS contact line for Gay, Lesbian, Bi and Trans

Central Canada

Monarch Social Club

Mississauga "A"
Box 386
Mississauga, ON L5A3A1

Toronto Crossdressers' Club

49-C Dundas Street East
Toronto, ON M5A2A9

Street Outreach Services

SOS, 622 Yonge St., 2nd floor
Toronto, ON M4Y1Z8
(416) 926-0744 (24 hrs)
TV/TS street youth support

XCorrigia

P.O. Box 277, Stn. A
Toronto, ON M5W1B2
S&M Club

TransEqual

165 Ontario Street
Suite 609
St. Catharines, ON L2R5K4
Human Rights Advocate

Clarke Institute of Psychiatry

250 College Street
Toronto, ON M5T1R8
(416) 979-2221, ext 2339
Gender Identity Clinic for assessments

Trans P.O.R.S

(514) 526-5892
2006 Sherbrooke East
Montreal, PQ H2K1B9
Post-op residence and services

Transsexuals in Prison

Mrs. Patricia Fisher, Canadian Regional Dir.
Succ 293, 5858 Cote-des-Neiges Blvd.
Montreal, PQ H3S2S6
TS/TG referral and counselling for inmates.

Etre Femme/Quebec TS Asc.

Mme. Viviane Belanger
84, Boul. des Allies
Quebec City, PQ G1L1Y2
(418) 529-1152
TS M-F & F-M support and referrals

West Canada

Illusions Social Club

Box 33002 Glenwood P.O.
Edmonton, AB T2C1B4

Illusions Social Club

6802 Ogden Road S.E.
Calgary, AB T2C1B54

Phi Sigma Chapter - Tri-Ess

Box 40523
929 - 42nd Ave. S.E.
Calgary, AB T2G5G8

Cornbury Society

P.O. Box 3746
Vancouver, BC V6B3I2

Dream Girls

P.O. Box 535
Kamloops, BC V2C5L7

Classified Ads

For a limited time NFTU is offering FREE classified ads. Your ad must be 40 words or less. Personal ads are accepted. All free ads will be placed based on space available. Please indicate how many issues you wish to run your ad in. If you are selling something please let us know when it's sold so we can pull the ad. NFTU reserves the right to edit or refuse ad submissions. NFTU is not responsible for personal contacts made through classifieds. Only Gender Mosaic members may use the GM P.O. Box and must indicate a mailing name in the ad.

To place a classified: Mail ad to NFTU Classifieds, P.O. Box 7421, Vanier, ON, Canada, K1L8E4. Please print message clearly.

Professional services and registered businesses - contact NFTU for rates.

Auburn Wig, medium length, **FREE AD!** Place your classified ad nearly new. Asking \$75, was \$246 here for free. Send to NFTU at the new. Includes stand. 741-3007. above address!

WANTED - Sales rep for NFTU. **Volunteer** for Gender Mosaic. We Volunteer to help us grow. 741-3007 need your input. 770-1945.



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Westgate Shopping Centre

Peer to Professional Referral Service

Finding good professionals is often hit and miss



We need your help!

If you have found a good GP, specialist, counsellor, psychiatrist, etc., who is open to crossdressers or transsexuals - Let us know

Send your info to NFTU!

Get involved with NFTU --- 741-3007

WE WANT REPORTERS!

Phone and field assignments - No experience required

We will TRAIN

Join the NFTU Trans-News Team!

USA

I.F.G.E.

P.O. Box 367
Wayland, MA
USA, 01778
(617) 899-2212
Gender Support & Education Foundation

Society for the Second Self

Carol Beecroft
Box 194, Tulare, CA
USA 93275
(209) 688-9246
Tri-Ess - heterosexual TV's & SO's

EON

523 W. Onondaga Street
Syracuse, NY
USA 13204

CD Network

P.O. Box 92055
Rochester, NY
USA 14692

The F2M Fraternity

P.O. Box 509, Lennox Hill Station
New York, NY
USA 10021
Female to Male TS support group

AIDS Changing American Sex Life

Atlanta (from AP) -- Some people have given up sex completely to avoid the threat of AIDS. Nearly one-third of Americans say they have changed their sex lives by sleeping around less and using condoms.

According to findings from the National Health and Social Life Survey, the largest random survey ever conducted on American sexuality, even those at extremely low risk of contracting the deadly virus are being careful. But data shows those at highest risk are doing the most to protect themselves.

The study, much of which was first published last year, is based on interviews with 3,434 people ranging in age from 18 to 59 years. The latest data was recently released.

One criticism centers on how truthful the survey participants were. When it comes to AIDS, most people know what is socially acceptable to say. Up to 30% said they are being more careful, 3% claim to have given up sex.

Even if the study is accurate, researchers debate how significant an impact on the AIDS epidemic 30% will have.

Notes From The Underground

Your Community - Your News

Subscribe Now!

see page two for details

Capital Notes

The GLB Centre maintains a listing of Gay, Lesbian, and Bisexual positive housing in Ottawa. Call 788-2600 extension 1860 or drop by at 127A Unicentre at Carleton U.

A peer support group for women who are (or were) married to a gay husband has been formed. Called Pink Triangle Services at 563-4818 for more information.

Gender Mosaic is calling for volunteers to help in various activities and planning. Call 770-1945.

The Bisexual Resource Centre is offering a new guide containing listings of more than 1,420 groups in over 20 countries. It also contains recommended books, films and merchandise on bisexuality. The resource guide can be ordered for \$8 (US) from: BRC, P.O. Box 639, Cambridge, MA 02140.

Gender Mosaic is working on a 'Consent to Disclosure form'. Two sample forms have been handed to the Executive Committee and will be re-worked by the Membership Committee. The final form would establish a standardized means of handling personal information.

NFTU is now available at several stores in Ottawa, FREE. A shortened electronic version is available via Internet and on the Menage BBS in Ottawa. Feel free to pass us around!

Trans BBS Library

St. Catharines (TransEqual) -- TransEqual, a human rights advocacy for transpersons in Ontario, is releasing its document collection online. The electronic library is available through The Electric Blue BBS in Niagara Falls. Dial 1-905-358-5908 (28,800,N,8,1), when asked for your name enter *TransEqual* and a main menu will appear. Select Files, then Area 3, from there you can list, preview, tag and download files.

AOL opens Trans SIG

Virginia (GLAAD-SFBA) -- *America On-Line*, a leading national computer BBS service, has added a new Transgender Community Forum (TCF) to offer, "a support group dedicated to helping everyone in the transgender community and to provide education and outreach about transgender issues." AOL subscribers can access TCF via the keyword "Gender".

Sex Hormone Discoverer Dies

London (From *The Weekly Telegraph*) -- He was considered one of the great chemists of the 20th century and a pioneer in sex hormones. Adolf Butenandt, the German Nobel laureate who isolated the first pure sex hormone in 1929, has died at age 91.

He discovered estrone (now known as estrogen) in the urine of women, establishing it as one of the messenger molecules responsible for sexual maturation in women.

Within two years he isolated the male sex hormone androsterone, one of the major hormones required for male sexual development (testosterone is another).

Four years later Butenandt and another chemist were jointly awarded the Nobel prize for chemistry, but he was instructed to decline it by the Nazi government.

Events '95

Know of an event? Contact NFTU!
Call 770-1945 for GM event info
See Page Three for GM Socials

Calendar Events

- May 15 Police Bias Crime Committee 5:30pm
- May 15 GM meeting at ALGBO 7:30pm
\$2 voluntary cover
- May 20 FACTT TV/TS discussion group 10am
at ALGBO centre
- Jun 17 FACTT TV/TS discussion group 10am
at ALGBO centre
- Jun 19 Police Bias Crime Committee 5:30pm
- Jun 19 GM meeting at ALGBO 7:30pm
\$2 voluntary cover

Weekly Events

Thursday's 9pm-1am "OUT" BAR DANCE at ALGBO Centre Men/Women/TG/TS/CD - \$2 cover, free for ALGBO members, cash bar until midnite, music every Thursday. Non-smoking every 2nd week.

Friday's 9pm-1am COFFEE HOUSE at ALGBO Centre Men/Women/TG/TS/CD - No cover, cash non-alcoholic bar, music and dancing. 1st, 3rd & 4th Friday of month.

Mondays & Tuesdays - Drag Show at Le Club, 77 Wellington in Hull. 777-1411

Monthly Events

2nd Friday of month 9pm-1am CAFE-STYLE COFFEE HOUSE at ALGBO Centre Men/Women/TG/TS/CD - No cover, cash non-alcoholic bar, music.

Night Clubs

Centretown Pub...340 Somerset W. 594-0233
Club 363...363 Bank Street 237-0708
Coral Reef...30 Nicholas 234-5118
Market Station...15 George 562-3540
Le Pub...175 Promenade du Portage 771-8810
Thunderdome...75 Prom. du Portage 770-7159

Special Local Events

Making Scenes Film Festival at National Gallery Auditorium. May 2nd-6th. Call 234-0077

Pride Day Parade on Sunday July 16th. Picnic on Victoria Island. Call 841-8667

Out of Town Events

Toronto - Betty Page Social Club/Fetish Night at Boots. 1st & 3rd Thursdays of the month at Hotel Selby. Call: Boots (416) 921-0665 or Northbound Leather (416) 972-1037

Montreal - Fetish Night at Bar Lezard, 3rd floor. First and Third Tuesday of the month. Contact Johnny at (514) 270-6065.

USA Events

The Poconos - Paradise in the Poconos, May 18-21. Write - CDS, P.O. Box 61263, King of Prussia, PA 19406 or call (610) 640-9449.

Cincinnati - 13th Annual Be All, June 7-11th. Write - Be All Weekend, c/o Cross-Port, PO Box 54657, Cincinnati, OH 45254-0657 or call (513) 474-9557.

Memphis - Spouse/Partner Conference 10. Education, July 26-30. At Wilson World Hotel, Memphis Tennessee, \$85 - \$125. For women involved in a relationship with a Heterosexual man. No crossdressing permitted at event. Recreation and conference presentations. Write - Linda Peacock, Director, P.O. Box 24031, Little Rock, AR 72221 or call (501) 227-8798 evenings and weekends.



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Men's up to 15 EEE

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(519) 770-1945 or write
Gender Mosaic, P.O. Box 7427
Vanier, ON K1P 8E4*